

University of the Fraser Valley

# Workplace TASK

Training in Attitude Skills and Knowledge for the Workplace

# Philosophy

- Assumption of competence
- Teaching/learning both require love, vulnerability, and an environment that is both physically and emotionally safe
- Each student challenged at their own level
- Disability Pride
- Students involvement in the running of the program
- Rights, responsibility and consequences
- Making decisions about their own life
- Importance of:
  - Developing relationships
  - Contribution
  - Being a community member

# What We Learn in TASK



- Personal and Work Place Essentials
- Career Exploration
- Safety and Industry Certificates
  - First aid
  - Food safe
  - WHMIS
  - Customer Service
- Community based work experiences
- Portfolio



Workplace TASK UFV - 604-702-2621

<https://www.ufv.ca/upgrading/programs/workplace-task/workplace-task-program/>



# Eligibility Criteria for TASK

- 19 or older
  - Can be younger with proof of completion of the K-12 system
- History of a disability
- Able to safely navigate the community
- Motivated to find competitive paid employment

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# Frequently Asked Questions About TASK

- **When does the program start?**
  - Every year in September
- **How long is the program?**
  - 8 months
- **How can we handle the transportation required to get to and from the Chilliwack campus and the work experiences?**
  - Bus training
  - Shuttle
- **Is there funding for the TASK program?**
  - Yes – Adult Upgrading Grant (AUG)
- **How do I get more information on applying?**
  - Call Alyson 604-702-2621 or check out the UFV Task webpage

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# Questions about the TASK program?



# Suggestions for Funding

- Adult Upgrading Grant
- ICBC
- Workers Compensation
- Indigenous Band
- High School Scholarships
- Bank of Ma and Pa
- Savings
- Others

# Adult Upgrading Grant (AUG)

- Can also be used for any upgrading courses
- Nearly all TASK students use this fund
- Covers:
  - Student Fees
  - Books
  - Supplies
  - Transportation
  - Unsubsidized childcare



# Eligibility Criteria for the Adult Upgrading Funding

- a Canadian citizen, permanent resident, or protected person.
- an adult (19 years of age)
- attending a public post-secondary institution in B.C.
- enrolled in Adult Basic Education, English Language Studies, or the Workplace TASK program
- able to demonstrate financial need (proof of income is required)

Questions  
About  
Funding?



# Building Friendships

Friendships that start in TASK often continue being friends after TASK.

One of the biggest struggles adults with disabilities experience is loneliness and isolation.

We have been working on:

- how to nurture relationships at home and at work
- self regulation and responsibility for words and actions
- forgiveness of self and others





Belonging





Teamwork  
Customer service



People First



**SelfAdvocateNet**

**Our Voice, Our Strength**



## Successes

- Liam is thrilled that he successfully gave CPR to his baby in First Aid. Proud Papa!
- Ryder and I enjoyed a lunch out to celebrate his full driver's license.



TASK Gang(stas)



# TASK

A Poem By Tara Kowalski  
(TASK Graduate)

We came into the Program not knowing what to expect  
But ready to try our best and take the next step  
With a helping **hand** our instructor's guide  
Our independence is ours to find

Who we are and our newfound callings  
Is what we have unearthed  
Setting us on a path of open doors  
To friendship, opportunity and more

It's up to us whether it be fleeting or lifelong  
As we prepare for the next step in the course  
Employment doors will open  
We can walk through them calm

**WE ARE PREPARED**