

Youth Mental Health

An overview from problem to solution and campaign

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Presented to:

Focus Disability Network Society

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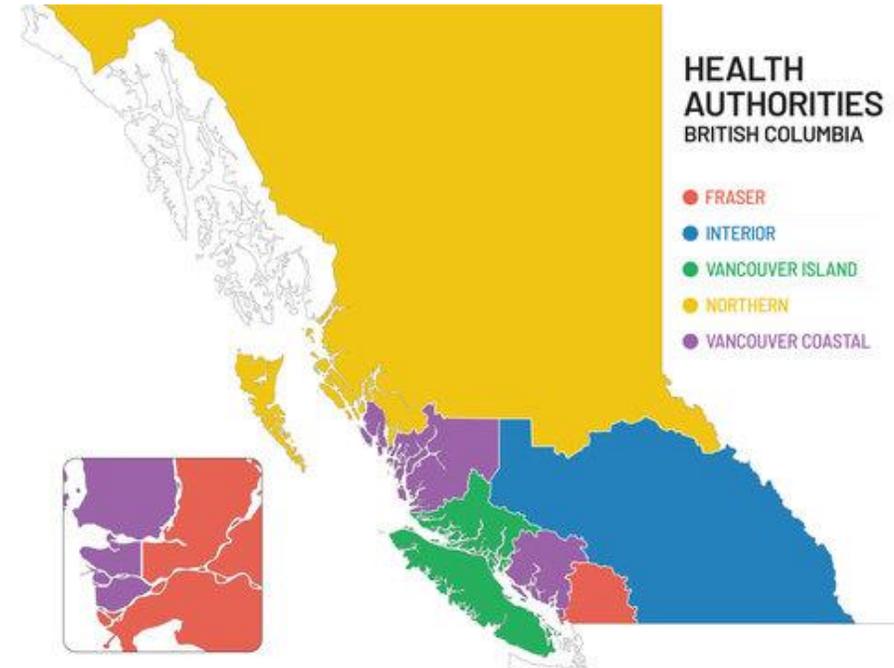
Snapshot of Youth Mental Health

- About 800,000 young people in Canada meet thresholds for a mental disorder needing treatment.
- 70% of mental health problems begin during childhood or adolescence.
- One in five young people aged 15 – 24 report experiencing mental illness or substance use problems.



Youth Mental Health in BC

- 17% of BC students reported they had seriously considered suicide in 2018.
- Between 2009 and 2013, emergency department visits in the Fraser Health region by youth aged 15 – 19 with mental health concerns increased by 85%
- After accidents, suicide is the second leading cause of death for people aged 15 – 24.



Impact of COVID-19 on Our Youth

- The Kids Help phone (which offers 24/7 counselling via text or phone) reported a 51% increase in text messages and a 70% increase in calls from young people in BC between May and November 2020, with contacts focusing on an array of mental health concerns.
- More than 6 in 10 survey participants age 15 to 34 reported that their mental health had worsened since the onset of the pandemic and related measures such as physical distancing.
- COVID-19 will have a disproportionate and amplified affect on young people who experience socio-economic inequalities, development delays or other disabilities, as well as Indigenous and on-reserve children.

Current System of Care

- Fewer than 25% of youth receive appropriate services.
- There is not enough service.
- There is increasing demand on these services.
- Many people are not getting the treatment they need; many will end up in emergency rooms, in the justice system, face homelessness or worse.

GETTING HELP FROM MENTAL HEALTH SERVICES



BC Government Response

- BC Ministry of Mental Health and Addictions was created in 2017 to build a seamless, coordinated network of mental health and addictions services that works for everyone in BC, as well as lead the response to the overdose crisis.
- **Foundry** is part of this strategy and has received 10 years of funding support from government to expand into communities around BC.
- **Encompass** was among 8 other agencies around BC that received approval to establish Foundry in Langley in 2019.



• F O U N D R Y

WHERE WELLNESS TAKES SHAPE

Fundraising partner



Langley
Memorial
HOSPITAL FOUNDATION

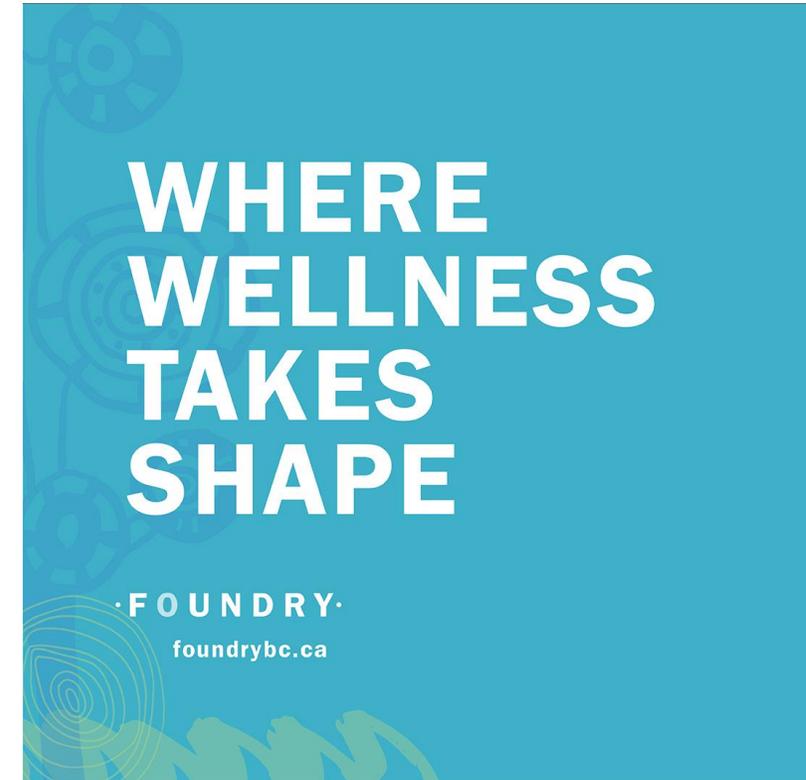
What is Foundry?

- Foundry is a province-wide network of integrated health and social service centres for young people ages 12-24.
- Foundry centres provide seamless, integrated care for young people to access mental health care, substance use services, primary care, social services and youth and family peer supports.

We provide safe, non-judgmental care, information and resources, and work to reach young people earlier – before health challenges become problematic. Foundry brings health and social services together in a single place to make it easier for young people to find the care, connection and support they need.

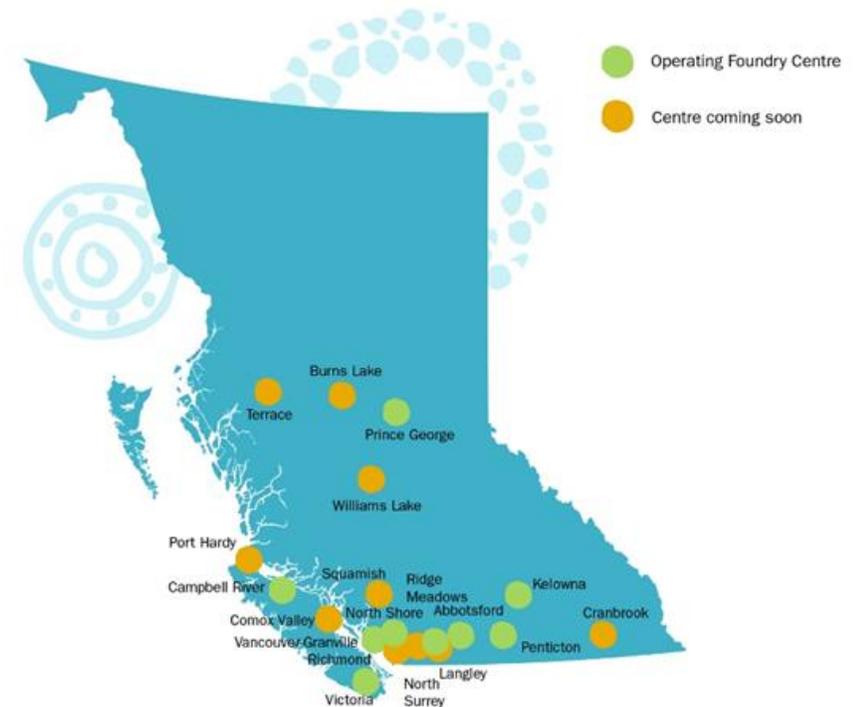
Visit: [Foundrybc.ca](https://foundrybc.ca)

<https://youtu.be/F4p80K2PG5Y>



How Foundry Works

- Each Foundry centre is operated by a lead agency that brings together local partners, service providers, young people and caregivers. In Langley, Encompass will operate Foundry.
 - Long-term government goal: There is a Foundry within 30 minutes to an hour of every other Foundry Centre.
 - Once this goal is accomplished, the intention is to extend nationally.
- There are 19 Foundry centres in BC, 8 of which were approved in 2019 to open in 2022.



Foundry Langley

- There are 3,970 children aged 10 - 24 in Langley.
- Encompass anticipates up to 1,000 youth will access the Foundry site at the current population.
- In this rapidly growing community, it is expected that the numbers will increase year over year.

Foundry Service Model

Figure 4: Five Foundry Service Streams



The five core services are intended to be accessed in a flexible manner, determined by client preference and need. Young people may use a Foundry centre for single, discrete counselling sessions or may access various services during an episode of care. Regardless of the pattern of service access, Foundry aspires to provide care in a holistic and integrated way within our service model.

Impact: Proof Points

Foundry's 2019 Youth Experience Survey.

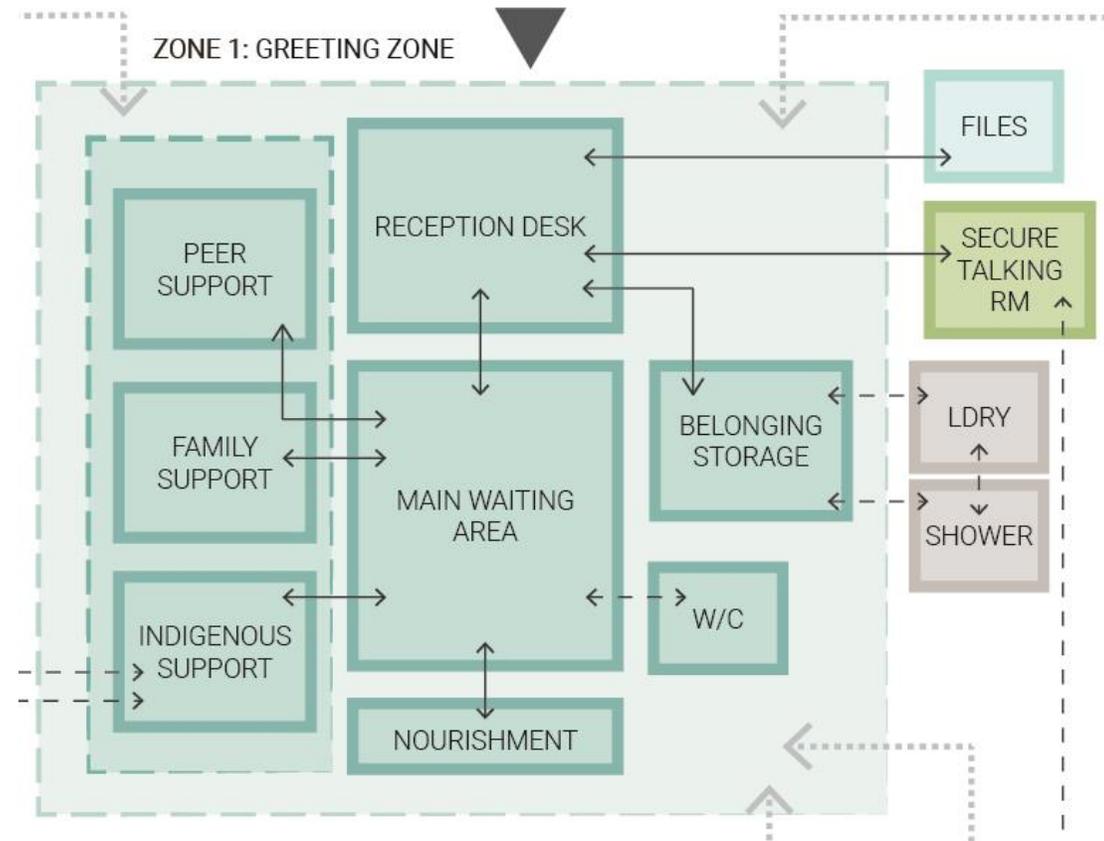
- **96%** of young people accessing services either strongly agreed or agreed that they would **describe Foundry as “youth friendly”**.
- **96%** of young people accessing services either strongly agreed or agreed that if a friend need this sort of help, they **would suggest Foundry**.
- **92%** of young people accessing services either strongly agreed or agreed that they **got help for the things they wanted to get help with**.
- **91%** of young people accessing services either strongly agreed or agreed that they felt **more able and prepared to manage their current situation of health condition** because of their contact with Foundry.

A photograph of a commercial building with a corrugated metal roof and large windows. A location pin icon is overlaid on the image. The building is situated on a street corner. The sky is overcast.

Capital and Renovation

\$2.1M goal

Greeting Zone



Greeting Zone



Kelowna

(Daniel Jones Photography)
Copyright of Evolve Design Build 2017



Ridge Meadows

(Upper Left Photography)
Copyright of Work Design Studio

Waiting Space



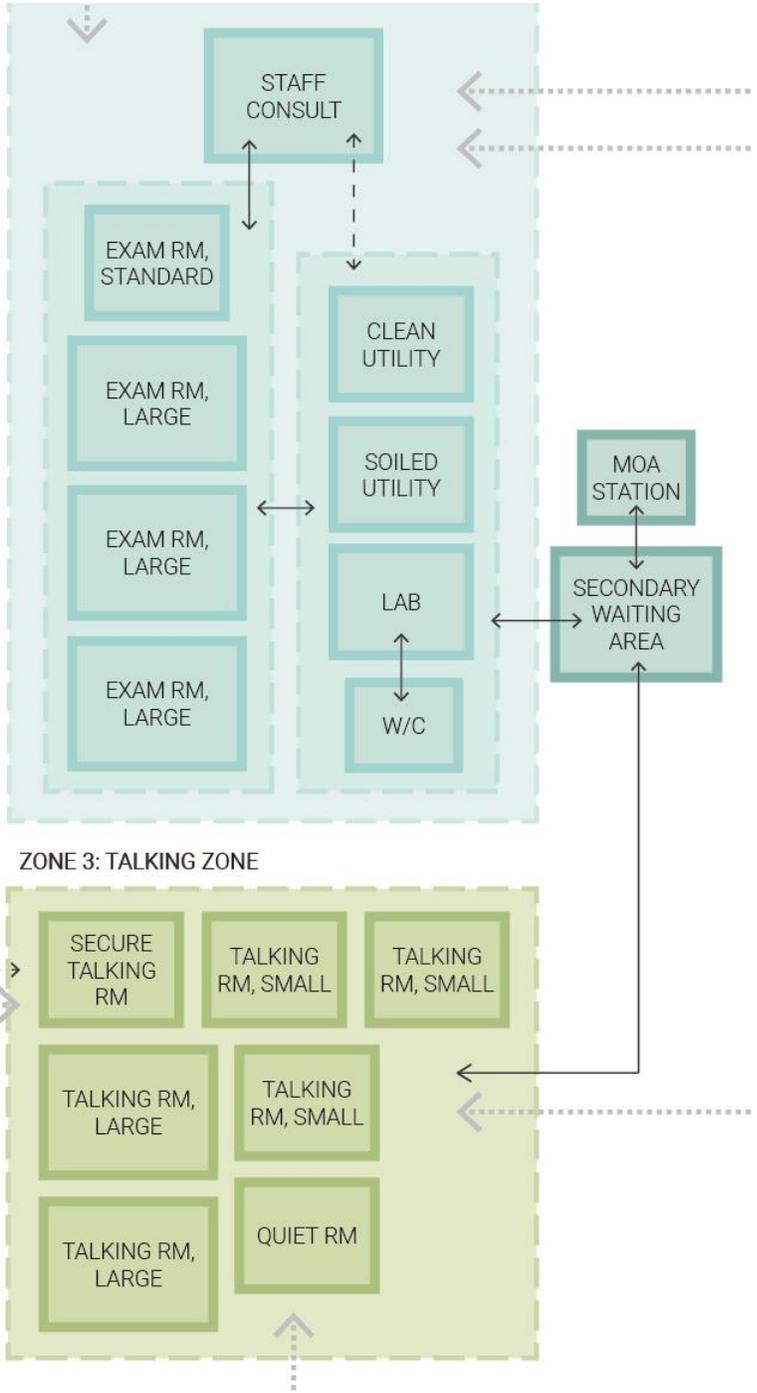
Abbotsford



Ridge Meadows

Photo: Upper Left Photography

Health Zone



Health (Medical) Zone



North Shore



Ridge Meadows

Photo: Upper Left Photography



Kelowna

Health (Counselling) Zone



Ridge Meadows

Photo: Upper Left Photography



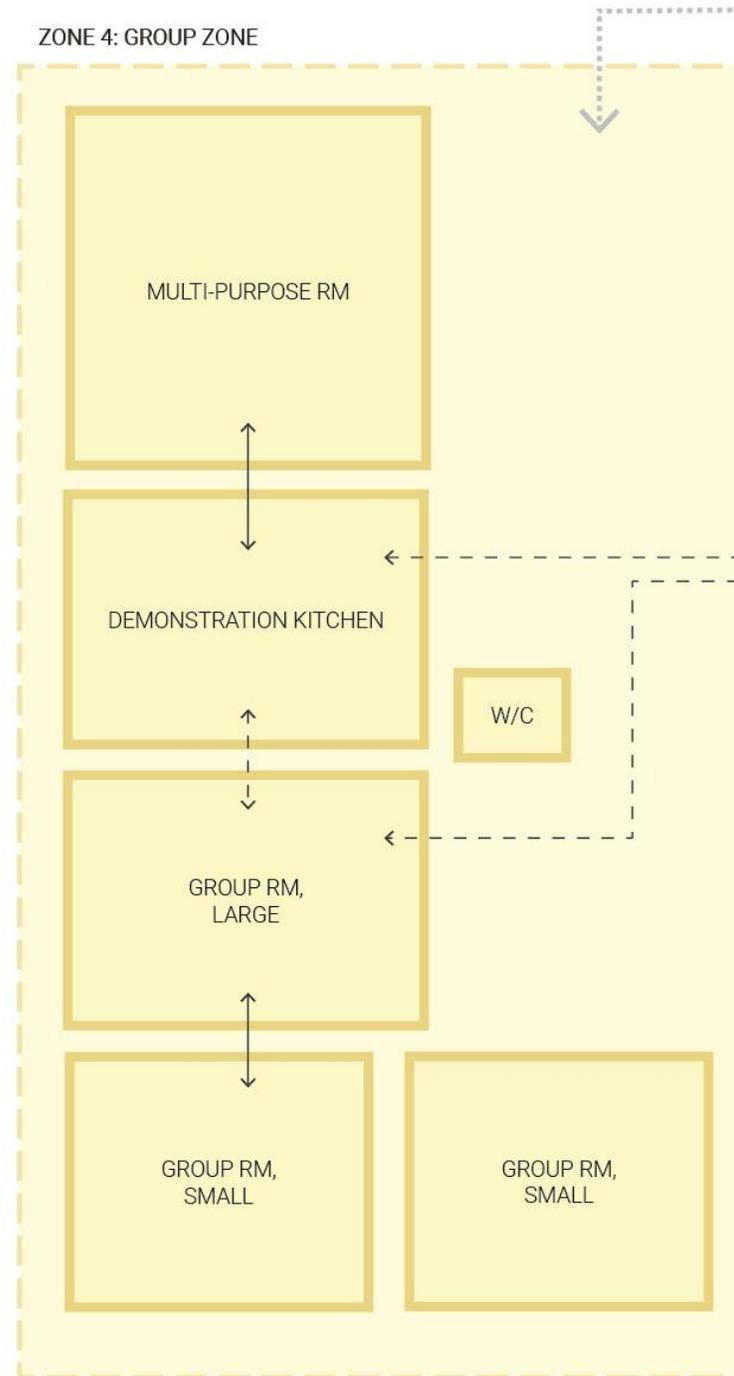
Penticton



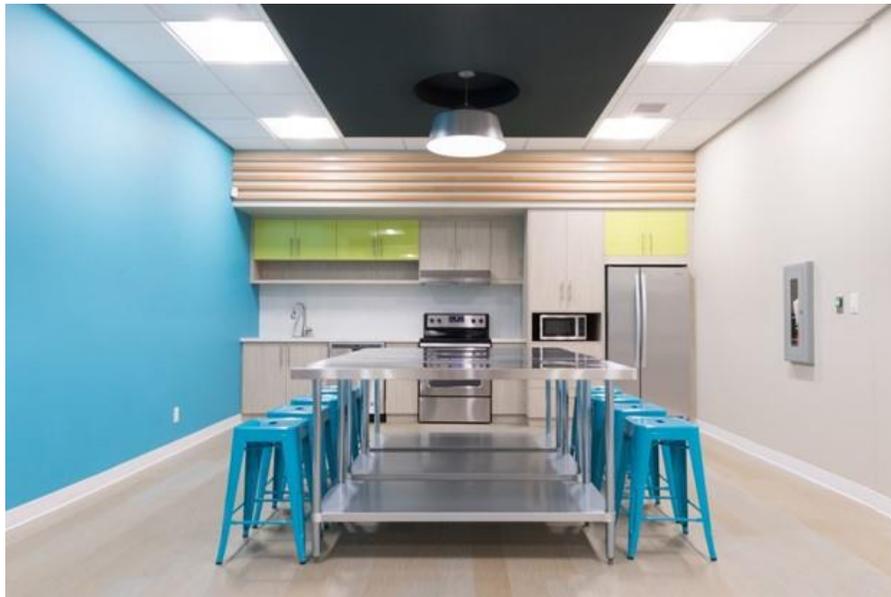
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Group Zone

ZONE 4: GROUP ZONE



Demonstration Kitchen & Multi-Purpose Room



Kelowna



Ridge Meadows

Group Space

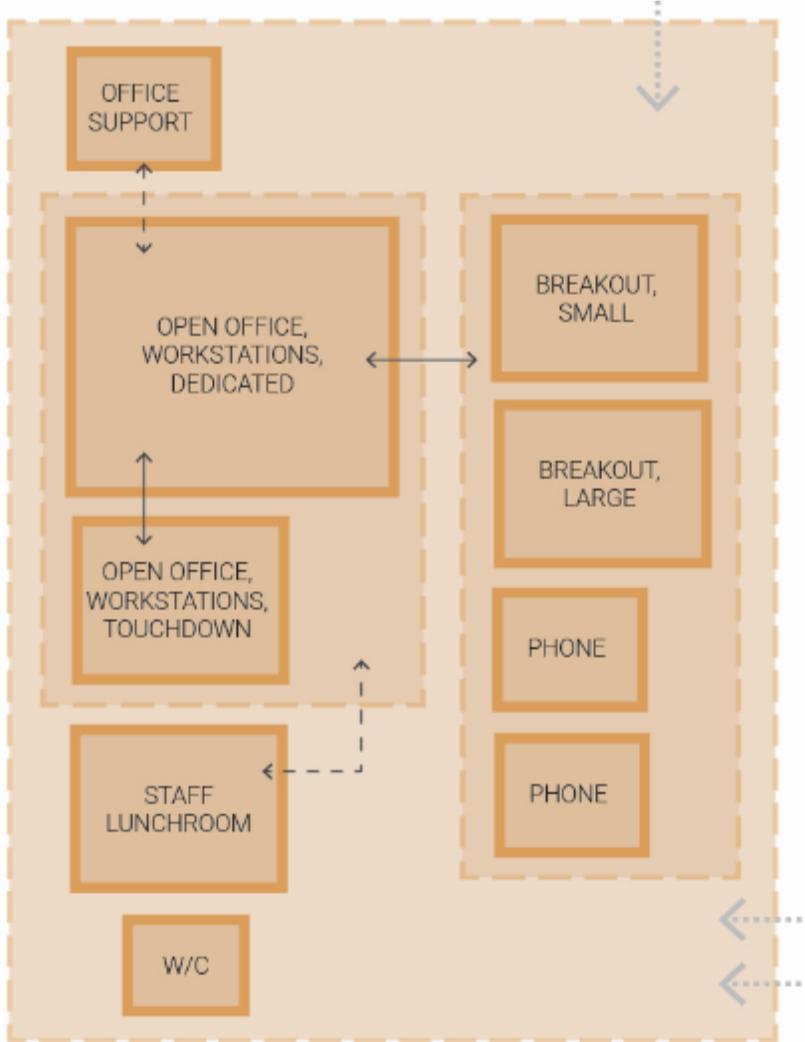


Prince George



Prince George

Staff Zone



Staff Zone



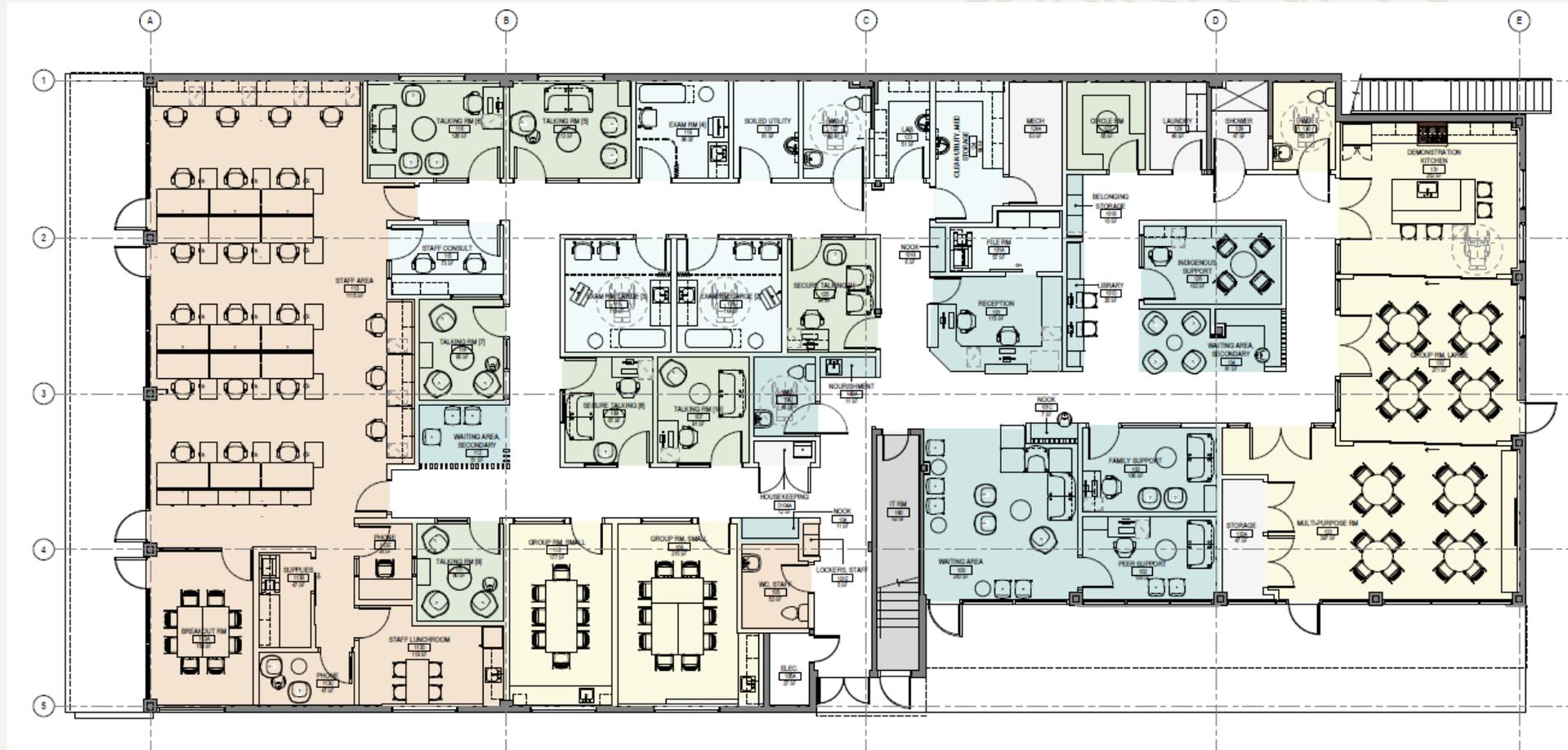
Sea to Sky

Copyright Station One Architects & Work Design Studio



Kelowna

FOUNDRY LANGLEY FLOOR PLAN



Investing in Langley's Future: LMHF Capital Fundraising Project



Once we reach \$2.1 million, Langley youth will have the right space – a space designed with young people in mind – to welcome them in and address all their health care concerns. By securing \$3.7 million, Foundry Langley will have 10 years of Innovation funding, providing financial independence to create net new programs and services as local, emerging, and urgent needs are identified. Fundraising goal includes a 10% cost of fundraising.

You can transform lives of youth in Langley.

Thank You.